

*Our goal is to deliver the most exhilarating, relaxing and complete spa experience as possible. You will enjoy the very best in Spa treatments and pampering by our trained staff in our tranquil environment.*

*Enter a space where nature's three elements converge and experience the natural exhilaration of the exquisite waters of Exuma, on one of the most exquisite beaches on earth and relax in a Spa space where perfect harmony awaits you.*

*You may enjoy a relaxing day at the Spa – you may spend time outside on our stunning beach deck or bask in the pure ocean waters of Exuma beach while we prepare you for your next spa treatment.*

*The Spa offers a comprehensive range of Spa services. These consist of Massage, Facial and Body treatments. There is a full Beauty Salon with services for all of your hair needs, a Nail Salon for all of your nail services.*

## PHILISOPHY

*Hollis Spas are created from a sincere passion and understanding for the wellness which defines a way of life that focus on the mental, emotional and physical well being of a person. Guided by integrity and honesty, we are committed to deliver all aspects of wellness treatments to provide lifestyle change inspirations in an environment where senses are delighted.*

*Hollis Day Spa's goal is to enrich the lives of human beings and to provide a means whereby people may elevate the quality of their existence.*

## FACIAL TREATMENTS

We use *Hollis* skin care products with all of our facial treatments. These products are designed to produce outstanding results with both Ethnic and Caucasian skin types. Our products are made using the finest natural herbal extracts available. These facial processes can also be applied to other areas of the body that experience similar problems.

**MINI FACIAL** 25min \$70.00

**DEEP PORE CLEANSING** 50min. \$110.00  
Ideal for the non problem individual, who needs the occasional deep cleansing treatment to maintain that healthy appearance.

**CUSTOMIZED FACIAL** 50min. \$135.00  
These facials are designed to fit the specific needs of the individual's skin type.

**ACNE TREATMENT** starts at 50min. \$155.00  
This Facial Treatment is specifically designed to treat and eliminate the acne problem.

**BASIC FACIAL** 50min. \$125.00  
Maintain that healthy skin glow appearance. This treatment unclogs the skin pores and improves circulation.

**SKIN RESURFACING PEEL** 50min. \$165.00  
For the acne prone skin. This treatment will dry up active acne by means of spot treatments with Glycolic acid solution. (Glycolic peel treatments also available-with consultation)

**ANTI AGEING FACIAL** 50min. \$155.00  
Experience this skin refining facial. This skin rejuvenating treatment, tightens the skin pores and immediately leaves the skin clearer and more refined. Skin looks smoother and more radiant.

**ULTRASONIC FACIAL** 50min. \$155.00  
Promotes collagen production to generate new cellular growth and lifts and tightens the skin.

**ENZYMATIC FACIAL PEEL** 55min. \$155.00  
Experience this skin refining facial peel. This exfoliation treatment tightens the skin pores and immediately leaves the skin clearer and more refined. Skin looks smoother and more radiant.

## MASSAGE THERAPY

**Massages** are now one of the most widely practiced therapies and should be thought of as a way of life rather than as a luxury. Massages can stimulate the lymphatic system, breakdown stubborn fat or work at a deeper level to promote the body's natural healing abilities. The numerous benefits include improved circulation, digestion and skin condition.

**BACK MASSAGE** 25min. \$70.00

**AROMATHERAPY** 50min. \$140.00  
One of the ultimate experiences in massage. Sensual full bodies massage using the finest aroma oils to stimulate the skin cells and awaken the senses

**SWEDISH MASSAGE** 25min. \$75.00  
50min. \$135.00  
80min. \$200.00

This massage increases blood circulation, breaks up body fats and reduces tension and stress. It is recommended for dieters and those individuals with poor muscle tone and skin tone.

**COUPLES MASSAGE** 50min. \$250.00  
This soothing intimate massage provides the perfect bonding experience

**DEEP TISSUE MASSAGE** 25min. \$95.00  
50min. \$175.00

To relive muscle tightness and eliminate fatigue from rigorous activity (gym or serious sports training), this massage uses a variety of pressure techniques to eliminate muscle fatigue and tension. Not recommended for first timers

**HOT STONE MASSAGE** 70min. \$155.00  
The strategic placement of hot stones over the body, combined with massage strokes using the hot stones to create a relaxing deep penetrating heat and healing treatment of the body.

**HOT LAVA SHELL MASSAGE** 70min. \$155.00  
Experience the deep relaxation condition induced while having muscular aches and pains sooth away with these heated sea shells. The combination of heat and gentle rubbing of the shells will transport you to another dimension.

## DAY SPA PACKAGES

Enjoy a relaxing day at the spa by choosing one of our packages. Enjoy the tranquility of our outdoor garden. Lunch is optional with all of our Day Spa packages.

**ISLAND SENSATION** 4hrs. \$495.00  
Begin with a relaxing body scrub followed by a stimulating shower. You are then taken away by a stimulating aromath massage and a revitalizing facial, and then finish your experience with a spa manicure and pedicure.

**BAHAMA DELIGHT** 2-2½hrs. \$250.00  
A stimulating facial\* with a relaxing body massage\*

**BLUE WATER SALT SCRUB** 1 ½hrs. \$180.00  
Using our Bahamian salts, our unique body exfoliating treatment removes surface impurities and dead skin cells then followed by an invigorating body shower and finish with a soothing Swedish massage.

**BARE ESSENTIAL** 2hrs. \$200.00  
Facial\* with a manicure and pedicure or a massage\* with manicure and pedicure.

## BODY TREATMENTS

**BODY SCRUB** 45mins. \$125.00  
Choose one of our variety of scrubs. Invigorating body scrub. Removes outer layer dead cells to give your skin that youthful glow and appearance, then finish with a soothing body moisturizer.

**SEAWEED WRAP** 50mins. \$175.00  
Eliminates toxins from the body and removes dead skin cells. The seaweed adds proteins, vitamins, minerals and lipids and moisturizes the skin

\*Facial – Customized  
\*Massage – Swedish Massage

## BODY WAXING

Turkish	\$9
Brazilian	\$8
Bikini	\$6
Underarm/Arm	\$4
Half Leg	\$5
Full Leg	\$8
Lip/Chin/Eyebrow (each)	\$2
Back	From \$5

18% Service fee is added to all services.

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NAIL SERVICES

Manicure	From	\$35.00
French Manicure	"	\$40.00
Pedicure	"	\$55.00
Spa Manicure/Pedicure	Addt..	.\$30.00
Polish Change	From	\$15.00
Acrylic Full Set -Hand or Feet	"	\$65.00
Tammy Taylor - Hand or Feet	"	\$65.00
Fills	"	\$40.00
Nail Repair/Design (per nail)	"	\$7.00
Gel Full Set	"	\$85.00
Gel Polish	"	\$35.00
Gel manicure	"	\$50.00
Gel Pedicure	"	\$70.00

HAIR SERVICES

Perms	From	\$115.00
Relaxers w/style	"	\$95.00
Foil Highlights	"	\$115.00
Cap Highlights	"	\$95.00
Permanent Colors	"	\$65.00
Semi Permanent	"	\$45.00
Shampoo & Set	"	\$40.00
Shampoo & Blow Dry	"	\$45.00
Hot Curl	"	\$20.00
Style	"	\$65.00
Trim	"	\$15.00
Restyle	"	\$35.00
Men Hair Cuts	"	\$45.00
Treatments	"	\$45.00
Weave Full	"	\$115.00
Weaves (per piece)	"	\$10.00
Shingle (priced on consultation)	"	

BEAUTY TREATMENTS

CONVENTIONAL MAKE-UP	Consultation
PAGENTS & FASHION SHOWS	Consultation
WEDDINGS	Priced on consultation
BRIDE(Hair & Conventional Makeup)	\$150.00
EYELASH PERMING	
EYELASHE IMPLANT (Set)	
BODY SPRAY TAN	\$110.00
(Loose clothing must be worn)	

18% Service fee will be added to all services.

*Spa Information*

Cancellation Policy

If you find it necessary to cancel an appointment, we ask that you contact the Spa within 24 hours of your single service reservation and within 48 hours of your multiple services or Spa package reservations. We ask that you kindly respect our wishes in complying with our cancellation policy.

Visiting the Spa

Please arrive 20 minutes before your appointment. Dress comfortably and please leave valuable jewelry at home as we cannot be responsible for lost items. We are unable to accommodate children unless being serviced. Please refrain from using your cellular phone or pager within the Spa. The Spa is a smoke free environment.

Gift Certificates available

Gift certificates are available for that special someone.

*In-house services available.*

*The Spa accepts payments with cash Mastercard, American Express & Visa.*

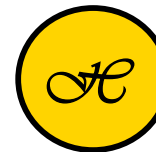
18%Service fee will be added to all services.

HOURS OF OPERATION

Monday - Saturday 9:00am - 7:00pm  
Sundays 10:00am - 6:00pm

*Collis*

DAY SPA



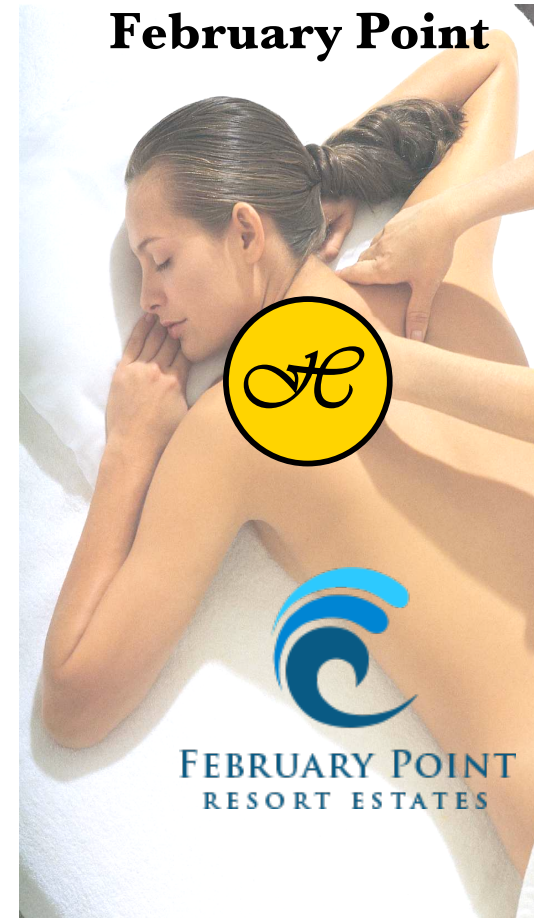
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*Collis*

**DAY SPA**

at

**February Point**



**SERVICES & TREATMENTS**